



Aroostook Civic Academy

JOIN US TO LEARN MORE ABOUT **AGING POLICY AND ADVOCACY**

Are you an Aroostook County resident and interested in advocating for aging issues? Would you like to learn how to affect change in your community in a free, 6-day course? We are offering another Aroostook Civic Academy, and we want you to apply to be a part of it!

Each session will introduce you to aging policy and advocacy techniques that will give you the skills to make positive change. Apply to join our second group of Aroostook County adults and become an advocate and recognized leader for aging issues in your community.

The sessions will be held on the following dates and will cover these topics:

- **Wednesday, March 22, 2023** – Introduction to Civic Engagement and Skill-Building
- **Wednesday, March 29, 2023** – Engaging with City/Town Government
- **Wednesday, April 5, 2023** – Engaging with County Government
- **Wednesday, April 12, 2023** – Engaging with State Government
- **Wednesday, April 19, 2023** – Engaging with Federal Government
- **Wednesday, April 26, 2023** – Makeup Date (if needed)
- **Wednesday, May 3, 2023** – Graduation

Please fill out the attached application and submit by mail or e-mail to apply. Applications are due on **Friday, March 10, 2023, at 5:00 pm.** Applications submitted after the deadline or incomplete will not be considered for selection. Applications will be reviewed, and the participants will be notified by Friday, March 17, 2023.

MAIL OR DELIVER TO:

Aroostook Agency on Aging

ATTN: Judi Smith, Executive Assistant

260 Main Street, Suite B, Presque Isle, ME 04769

EMAIL: info@aroostookaging.org



Aroostook Civic Academy

FREQUENTLY ASKED QUESTIONS

What is Aroostook Civic Academy? This program is a 6-day intensive course to teach participants about aging policy and advocacy. The sessions will take place in Presque Isle with satellite sites in Houlton and Fort Kent.

Who can apply to this program? Aroostook County residents who are interested in aging, able to attend all six sessions, and complete the program application. Space is limited, so we will be evaluating applications and looking for a diverse group. Priority will be given to applicants aged 50 and over.

What can I look forward to gaining from this experience? You will hear from experts in the aging field, meet elected and appointed officials, learn the best way to navigate government institutions, and make new friends.

Do I have to attend all days of the course to participate? We expect that all attendees participate in the full program, because new topics are presented each day and build upon each other. Although in-person attendance is strongly encouraged, there will also be a “remote” participation option for each session.

What is the time commitment for this program? Our sessions will be held on six consecutive Wednesdays from 9:00 AM to 3:00 PM on the following dates:

- **March 22, 2023** – Intro to Civic Engagement and Skill-Building
- **March 29, 2023** – Engaging with City/Town Government
- **April 5, 2023** – Engaging with County Government
- **April 12, 2023** – Engaging with State Government
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Where is this program located? Participants will meet in – Presque Isle, Houlton or Ft. Kent.

Will lunch/refreshments be provided? Yes, participants will enjoy lunch for each of the sessions.

Other Questions? Contact Judi Smith at the Aroostook Agency on Aging at 207-764-3396/800-439-1789.