

Benefit Checklist for Maine as of January 2024

For Single/One-Person Household

- My monthly income is **less than \$1,869** and I am at least age 60 or disabled. I have **less than \$5,000** in liquid assets. You may be eligible for the **Food Supplement Program** (*formerly food stamps*). Contact Maine Department of Health and Human Services – Fort Kent 1-800-432-7340; Caribou 1-800-432-7366; or Houlton 1-800-432-7338 for an application.
- My monthly income is **less than or equal to \$1,580** and I am 60 years or older. You may be eligible for **Maine Commodity Supplemental Food Program**. Please call Aroostook Agency on Aging at 207 764-3396 to learn more.
- I am 60 or older or I am disabled. I am homebound and I have difficulty preparing a meals.** You may be eligible for **Meals on Wheels**. Please call the Agency to determine eligibility and schedule a delivery.
- My monthly income is **less than \$2,248** and I am at least **62 or disabled**. I am a Maine resident. I have **less than \$50,000** in liquid assets. You may be eligible for the **Low-Cost Drugs for the Elderly and Disabled Program. (DEL)**. *Your income may be higher if you are spending 40% of your income on prescriptions.* Call the Agency for more information.
- My monthly income is **less than \$2,248** and I am enrolled in Medicare. I have **less than \$50,000** in liquid assets. You may be eligible for the **Medicare Savings Program (Buy-In)**. *Income can be higher if working.* Please call the Agency to learn more.
- My monthly income is **less than \$1,677** and I am under 65 and not on Medicare. You may be eligible for **MaineCare** (under the expansion for adults). Cannot be pregnant, eligible for Medicare Part A or B, or eligible in another coverage group. Contact DHHS for more information.

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- My monthly income is **less than \$4,253** and I spend more than 5% of my income on prescription drugs or 15% on medical expenses. You may be eligible for **Maine Rx Plus**. Unlike the DEL program, the RX Plus program does not consider one's assets. Call the Agency for more information.
- My monthly income is **less than \$1,215** and I am 65+ or disabled. I have **less than \$2,000** in liquid assets. Must be over the age of 65 or have a disabling condition per the criteria of the Social Security Administration You may be eligible for **MaineCare for the Aged, Blind and Disabled**. *Cannot be eligible for Medicare Part A or B, or eligible in another coverage group.* Contact DHHS for more information.
- My monthly income is **less than \$2,572**. You may be eligible for the **Home Energy Assistance Program. (HEAP)** *Out-of-pocket medical expenses can sometimes be subtracted to lower your monthly income.* Call Aroostook County Action Program (ACAP) at 1-800-585-3053 or 207-768-3053 for more information.
- Maine Senior FarmShare: (MSFP)** provides income-eligible older adults the opportunity to receive share (worth \$50) of local produce at no cost from Maine farmers during the growing season. Must be a Maine resident, 60+ and meet the income guidelines **\$26,973 per year for a one-person household**. Call the Agency for more details.
- * ***The Low-Cost Drugs for the Elderly or Disabled and Maine Rx Plus give a discount on prescription drugs only. They do not substitute for insurance coverage.***
- * ***Liquid Assets include cash or other resources that can be converted into cash on demand.***