

Benefit Checklist for Maine as of January 2024

For Couple/Two-Person Household

- Our monthly income is **less than \$2,658** and one of us is at least age 60 or disabled. We have less than \$5,000 in liquid assets. You may be eligible for the **Food Supplement Program (formerly food stamps)**. Contact Maine Department of Health and Human Services – Fort Kent 1-800-432-7340; Caribou 1-800-432-7366; or Houlton 1-800-432-7338 for an application.
- One of us or both are at least 60 or older and disabled. We are both homebound and have difficulty making meals.** You may be eligible for **Meals on Wheels**. To determine eligibility please call Aroostook Agency on Aging 1-800-439-1789 or 207-764-3396.
- Our monthly income is **less than or equal to \$2,214** and we are both 60 years or older. You may be eligible for **Maine Commodity Supplemental Food Program**. Please call the Agency to learn more.
- Our monthly income is **less than \$3,560**. You may be eligible for the **Home Energy Assistance Program (HEAP)**. *Out-of-pocket medical expenses can sometimes be subtracted to lower your monthly income.* Call Aroostook County Action Program at 1-800-585-3053 or 207-768-3053 to schedule an appointment.
- Our monthly income is **less than \$3,041** and we are at least age 62 or disabled. We have **less than \$75,000** in liquid assets. You may be eligible for the **Drugs for the Elderly and Disabled (DEL)** a prescription drug benefit. Your income may be higher if you are spending 40% of your income on prescriptions.
- Our monthly income is **less than \$1,644** and we are both 65 or older and have a disabling condition per the criteria of the Social Security Administration. We have **less than \$3,000** in liquid assets. You may be eligible for **MaineCare for the Aged, Blind and Disabled**. *Cannot be eligible for Medicare Part A or B, or eligible in another coverage group.* Contact DHHS to learn more.

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For Couple/Two-Person Household

- Our monthly income is **less than \$3,041** and we are enrolled in Medicare. We have **less than \$75,000** in liquid assets. You may be eligible for the **Medicare Savings Program (Buy-In)**. Income can be higher if working or if only one spouse applies. **DHHS determines eligibility for these programs.** Please call the Agency to learn more.

- Our monthly income is **less than \$5,752**, we spend more than 5% of our income on prescription drugs or 15% on medical expenses. You may be eligible for **Maine Rx Plus**. Cannot be combined with MaineCare or the Special Benefit Waiver. Unlike the DEL program, the RX Plus program does not consider one's assets. Please call the Agency to learn more.
 - * *The Low-Cost Drugs for the Elderly or Disabled and Maine Rx Plus Programs give a discount on prescription drugs only. They do not substitute for insurance coverage.*

 - * *Liquid Assets include cash or other resources that can be converted to cash on demand.*