

### ***Wednesday, May 1st***

**GATHERING PLACE** (Online) Every Wednesday, 10 -11 AM, except holidays.

**COMMUNITY DINING** (Every Tuesday and Wednesday except holidays)

11 AM, Van Buren Community Ctr, 130 Champlain St.

11:30 AM, Madawaska Senior Ctr, 105 11<sup>th</sup> Avenue.

### ***Thursday, May 2nd***

**COMMUNITY CONVERSATION** – 10 AM, Island Falls Baptist Church, 64 Cleaves St.

Our staff will discuss the ins and outs of Home Care and other helpful programs to support older adults and their caregivers.

### ***Friday, May 3rd***

**ART SHOW** – 4:30-7 PM, 260 Main St. during Presque Isle's Art Walk.

### ***Tuesday, May 7<sup>th</sup>***

**CAREGIVER SUPPORT GROUP** (Online) Tuesdays, 6-7 PM, except holidays.

### ***Wednesday, May 8th***

**KNITTERS' GROUP** – 12:30-2:30 PM, Agency on Aging, 260 Main St. Presque Isle

### ***Thursday, May 9th***

**SIP & PAINT FUNDRAISER** – 12:30-2:30 and 4:30-6 PM, Agency on Aging, PI

### ***Tuesday, May 14<sup>th</sup>***

**MEDICARE 101** (Online) – 11-Noon, Learn the basics of Medicare.

**ESTATE PLANNING SEMINAR** – 1-3 PM, Agency on Aging, 260 Main St. Presque Isle

Join Richard C. Engels, retired attorney, and Bennett D. Cassidy, Esq. with Bemis & Rossignol, LLC, for an informational session.

### ***Wednesday, May 15th***

**COMMUNITY CONVERSATIONS** – 10 AM – 2 PM, Oakfield Snowmobile Club

Our staff will discuss the ins and outs of Home Care and other helpful programs to support older adults and their caregivers.

### ***Thursday, May 16th***

**ACCESS POINTS UPDATE** (In Person and Online) – 2-3 PM, Agency on Aging

**COMMUNITY CONVERSATIONS** – 10 AM – 2 PM, Caribou Library, 30 High St.

Our staff will discuss the ins and outs of Home Care and other helpful programs to support older adults and their caregivers.

### ***Tuesday, May 21<sup>st</sup>***

**SENIOR MEDICARE PATROL** (Online) – 11-NOON, Be aware of scams and fraud and stay protected. Preregistration required.

**COMMUNITY COOKOUT** – 11 AM, Lions Pavilion, Riverside Park, Ft. Kent

### ***Tuesday, May 28<sup>th</sup>***

**BLOOD PRESSURE CHECKUP** – 10-11 AM, Agency on Aging.

### ***Wednesday, May 29<sup>th</sup>***

**BENEFITS CHECKLIST** (In Person and Online) – 1-3 PM, Agency on Aging, PI

Staff will help identify possible services and supports for those who qualify.

**COMMUNITY COOKOUT** – 11 AM, Market Square, Houlton

### ***Thursday, May 30<sup>th</sup>***

**COMMUNITY COOKOUT** – 11 AM, Agency on Aging, 260 Main St., Presque Isle

To pre-register for or learn more about any of our services, please call 1-800-439-1789 or email us at [info@aroostookaging.org](mailto:info@aroostookaging.org)