



JOIN US TO LEARN MORE ABOUT AGING POLICY AND ADVOCACY

Are you an Aroostook County resident and interested in advocating for community issues? Would you like to learn how to affect change in your community in a free, 6-day course? We are offering another Aroostook Civic Academy, and we want you to apply to be a part of it!

Each session will introduce you to advocacy techniques that will give you the skills to make a positive change. Apply to join our third cohort of Aroostook County adults and become an advocate and recognized leader for issues in your community.

This six-part program will be held at various locations throughout Aroostook County simultaneously from 9am to 2pm on the following dates:

- **Tuesday, Mar. 26, 2024** – Introduction to Advocacy
- **Tuesday, April 2, 2024** – Engaging with Town/City Government
- **Tuesday, April 16, 2024** – Engaging with State Government
- **Tuesday, April 23, 2024** – Engaging with County Government
- **Tuesday, April 30, 2024** – Engaging with Federal Government
- **Tuesday, May 7, 2024** – Connection to Advocacy Groups/Graduation

*Applicants are due on **Friday, March 1, 2024, by 5:00 pm**. Applications submitted after the deadline or incomplete may not be considered for selection. Applicants will be notified if they have been selected by Friday, March 15, 2024.*

Please fill out the attached application and send applications to Aroostook Agency on Aging, ATTN: Judi Smith, Executive Assistant, 260 Main Street, Suite B, Presque Isle, ME 04769 or info@aroostookaging.org.



FREQUENTLY ASKED QUESTIONS

What is Aroostook Civic Academy? This program is a 6-day intensive course to teach participants about aging policy and advocacy.

Who can apply to this program? Aroostook County residents who are interested in advocacy and are able to attend all six sessions can apply for this program. Space is limited, so applications will be evaluated and a diverse group will be selected to attend. Although priority will be given to applicants age 60 and over, up to half of participants may be under the age of 60.

What can I look forward to gaining from this experience? You will hear from experts in the aging field, meet elected and appointed officials, learn the best way to navigate government institutions, and make new friends.

Do I have to attend all days of the course to participate? We expect that all attendees participate in the full program because new topics are presented each day and build upon each other. In-person attendance is required.

What is the time commitment for this program? Our sessions will be held on six Tuesdays this spring from 9 a.m. to 2 p.m. Participants are asked to prepare in advance and may complete some follow-up for each session. The amount of time is based on the participant's interest.

Where is this program located? This year, the sessions will take place in Presque Isle with satellite sites in up to 5 other sites in Aroostook (tentatively Fort Kent, Van Buren, Ashland, Houlton, and Danforth).

Will lunch/refreshments be provided? Yes, refreshments and lunch will be provided at each location.

Other Questions? Contact Judi Smith at the Aroostook Agency on Aging at 207-764-3396/800-439-1789.